

THE MEANWOOD MERRIMENT TRAIL

Approx. 6 Miles / 10.25 Km.

Sunday 1st December 2024 – 12th January 2025

Start: Three Cottages Cafe, Meanwood, LS6 4LE



BL = Bear Left	FPS = Footpath Sign	ST = Stile
BR = Bear Right	KG = Kissing Gate	THRU = Through
BWS = Bridleway Sign	MVT = Meanwood Valley Trail	TL = Turn Left
CONT = Continue	L = Left	TR = Turn Right
EP = Enclosed Path	R = Right	X = Cross
FB = Footbridge	SA = Straight Ahead	

Follow the Highway & Country Codes. Cross roads with care and close gates behind you.

Beware of cars using the car park. Face oncoming traffic when on roads.

Each Paragraph = Approx. 1 mile

1. Leave café courtyard, immediately **TL** to exit car park. **TL**, immediately **BR** at fork **THRU** barrier posts. CONT **SA** passing playground on L. Follow line of trees up into woods. **SA** on uphill track, **BR** with track into gulley to the top. **TL** on track. **TR** after house. **SA** beside cricket pitch to road at the Myrtle Pub. **X**road and **TR** on pavement. CONT **SA** for 400m (past Bay Horse Pub). Follow lefthand bend to T-junction. **BL** **X**road. **SA** **THRU** gap in stone wall. CONT **SA** for 300m to road. **X**road, immediately **TR** on pavement (do not go **THRU** wall). **TL** at main road on pavement.
2. At 5m before 2nd zebra crossing, **TL** onto track (BWS). **SA** on track past stables, CONT downhill onto narrower path (ignore steps on L). At fork in path (BWS), **BL** uphill (wall on L). CONT **SA** following wall on L for 700m to road. **TR** on road downhill, **THRU** narrow vehicle barrier. CONT **SA** to dual-carriageway.
3. **TL** uphill on pavement beside main road. At 40m before traffic lights, **TL** into woods. CONT **SA** on wide path. **SA** **THRU** gap in wall. CONT **SA** on path, **BR** at green shelter to tarmac. **SA** **THRU** car park, **THRU** gateway to road. **TL** on pavement for 30m. **TL** **THRU** wall (easily missed), down steps. CONT **SA** downhill on EP. **X**track, **SA** downhill on EP.

4. Down steps, **SA** downhill with fence on R. **X**stoneST, CONT **SA THRU** field into car park. CONT **SA** to road junction, **TL** on pavement, downhill into Hollin Drive. At bend CONT **SA** onto track (between Hollin Lane Farm on L, & house 48 with green door on R). CONT **SA** to join EP **THRU** allotments. **TL** on downhill path. **TR** at stone building. **XFB** CONT **SA** to road. **TR** to main road. **X** Zebra Crossing. **TR** for 40m. **TL** on MVT.
5. CONT **SA** to main road. **X**road. CONT **SA** on track with fence / garages on R. CONT to the top (ignore path on L). **X**track, **SA** up steps onto path with flats overlooking from ridge. CONT **SA** to Woodhouse Ridge. Past boulders then immediately **BL** downhill (FPS to “Woodhouse”). Keep going downhill on main path for 500m until bench/signboard. **TL** (U-turn) downhill, follow FPS to “Meanwood Road”. **TR XFB**. CONT **SA** on EP to road. **X**road (using crossing), **TL** on pavement for 100m. **TR** onto tarmac path **THRU** grassland. CONT **SA** for 300m, **XFB** keep R **SA** to road.
6. **TL** for 5m, **TR X**road (using crossing). Immediately **TL** to **X**road (using crossing) past cycle rack onto Stainbeck Avenue. CONT **SA** for 400m to shops. At T-Junction, **X**road to estate agents (using crossing), **TR** uphill for 100m. Immediately after the flats, **TL** into EP. **X**road into EP. **THRU** KG, **SA** into churchyard. **TR** at church, pass between church and tomb, then immediately **BR**. **THRU** gate, uphill to road. **TL** to T-junction, **X**road to bus stop. **TR** uphill for 30m. **TL** into Holmwood Drive. CONT **SA** uphill to metal barrier at house 21 Holmwood Drive. **TL** into EP. **X**road, **TL**. **TR** into Sunset Avenue. CONT **SA** for 150m to T-junction. **TR** uphill. **BL** into EP (house 75). **TL** down steps. Keep **L THRU** woods and down rocky path. Exit woods, CONT **SA** downhill aim R of basketball court. Join path with playground on R. **BL** and **TR** into Car Park and **FINISH**.

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www.countrytrailraces.co.uk/event-completion-meanwood/

